LUNCH MENU

SANDWICHES SERVED 12PM - 4PM

CIABATTAS & WRAPS SERVED 12PM - 3PM SANDWICHES Choose from the following: HAND CARVED HAM 6.5 Served with mature cheddar, plum tomato & homemade chutney LANCASHIRE MATURE CHEDDAR 6.5 Served with red onion & thyme chutney TUNA MAYONNAISE 6.5 Served with red onion, crisp leaf & lemon mayonnaise SMOKED SALMON & CREAM CHEESE 6.5 Served with dill, lime & watercress CHARGRILLED CHICKEN & BACON 6.5 Served with beef tomato, cos lettuce, baby gem & herb mayonnaise NORTH ATLANTIC PRAWN 6.5 Served with whisky marie rose & pickled cucumber ADD OUR SOUP OF THE DAY 2 CIABATTAS & WRAPS Choose from the following: CHARGRILLED PIRI CHICKEN 9 Cos lettuce, beef tomato & chipotle mayonnaise SEARED RUMP STEAK 10 Caramelised onions, parmesan, truffle & garlic mayonnaise ROASTED VEG & GOATS CHEESE 9 Tomato & basil sauce (vegan option)

TUNA & RED ONION MELT

Served with mature cheddar cheese

LUNCH SERVED 12PM - 3PM

LIGHT LUNCH

Choose from the following:

FRESHLY MADE SOUP OF THE DAY

Served on thinly sliced granary or white bloomer, with salad garnish

WELSH RAREBIT 6.5

Thick, granary toast, mature cheddar, real ale sauce & apple puree

FISH FINGER BUTTY 8.5

A plantation favourite! Tartare sauce, crispy capers, one slice of bread with baby leaf

EGGS BENEDICT

Smoked salmon or smoked bacon, soft poached eggs, English muffin, hollandaise sauce & spinach leaves (gluten free)

JACKET POTATOES

Choose from the following (all gluten free):

HAND	CARVED	HAM 8	CHEESE	6.5
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TUNA MAYONNAISE & RED ONION 6.5

CHARGRILLED CHICKEN & BACON 6.5

PRAWN, MARIE ROSE & CUCUMBER 6.5

CHEESE & BEANS 6.5

CHILDREN'S MENU

Served with chips & beans or peas

GRILLED CHICKEN FILLET 6.5

(Gluten free)

BATTERED FISH AND CHIPS 6.5

MINI BEEF BURGER 6.5

6.5

(Gluten free)

SEEDLINGS LUNCH BOX

Choice of ham or cheese sandwich, drink & two other items



LUNCH MENU

LUNCH SERVED 12PM - 3PM DAILY

HOME COMFORTS

Choose from the following:

STEAK,	ALE	& S	MOKED	BACON	PIE	1 2
Shortcrust p	astry, bu	ttere	d vegetables,	hand cut chip	os &	
new potatoe	s or mas	h				

LAGER BATTERED HADDOCK & CHIPS 11

Hand cut chips, mushy peas, tartare sauce & fresh lemon

QUICHE 9

Three cheese or salmon, broccoli and leek. Served with a herby plantation salad or vegetables & buttered new potatoes or chips

PLANTATION 80Z STEAK BURGER 12

With mature cheddar cheese, smoked bacon, brioche bun, mayo, hand cut chips & onion rings

BUTTERNUT & SPINACH CURRY 10 ADD CHICKEN OR FISH OF THE DAY 3

Coconut milk, onions, garlic, ginger, garlic naan & coriander rice (vegan option)

PAN ROASTED SALMON FILLET 14

Seasonal greens, sauté potatoes, tomato cream, chilli & garlic king prawns

CLASSIC CAESAR SALAD 12

Chicken & bacon or salmon fillet, cos lettuce, parmesan, soft poached egg & garlic croutons

SIDE ORDERS

HAND CUT CHIPS	3
ONION RINGS	3
GARDEN LEAF SALAD	3
BUTTERED VEGETABLES	3
SWEET POTATO FRIES	3

DRINKS MENU

DRINKS SERVED 10AM - 4.30PM

COFFEE

Smooth, sweet and balanced with a persistent creamy aftertaste. Notes of hazelnut, peanut, sweet caramel and creamy butterscotch with hints of vanilla in the finish:

FLAT WHITE	2.85
LATTE	2.85
CAPPUCINO	2.95
AMERICANO	2.85
ESPRESSO	2.5
DOUBLE ESPRESSO	2.95
MOCHA	2.95
MOCHA DELUXE	3.45
CAFETIERE OF COFFEE	2.85
SHOT OF SYRUP	0.5
Choose from vanilla, hazelnut, caramel & honeycomb	

TEA

Choose from the following:

2.		TEA	O F	T	P
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Choose from Earl Grey, English Breakfast & herbal teas

HOT CHOCOLATE

Choose from the following:

нот	CHOCOLATE		2.	9	5
НОТ	CHOCOLATE	DELUXE	3 .	4	5

COLD DRINKS

Choose from the following:

ORANGE, CRANBERRY OR APPLE JUICE	1.95
POSH POPS (ASK FOR FLAVOURS)	2.65
WATER (STILL OR SPARKLING)	2
COKE & DIET COKE	2.5

